

This document aims to outline to schools how [From High School to Uni](#) helps meet the Gatsby Benchmarks.

Our key products for schools are:

- Free resources: Daily Mood Tracker; Self-Care for Student Wellbeing; Feeling Homesick Advice.
- Free Checklists: Open Day Uni Tour Guide - the essential questions to ask; Essay Planner.
- Free Parental Guidance: Free Guide on Preparing for University; Roadmap to Uni - what to start doing and when.
- Student Guide Book “From High School to Uni” - the essential guide to navigating the transition to University.
- The Essential Job Search Guide for Students (e-book coming soon!)
- [Life Skills Masterclass](#) for students (online webinar coming soon!)

Benchmark		What good looks like	How we support schools to meet this benchmark
1	A Stable Careers Programme	Every school and college should have an embedded career education and guidance programme that is known and understood by students, parents, teachers, governors, employers and other agencies.	Our student guide book can support your students’ transition from Year 13 onto university, these can be made accessible to all of your stakeholders and form part of your Gatsby evidence to show how you support transition.
2	Learning from LMI	Every student and their parents should have access to good quality information about future study options and labour market opportunities.	There is a lot of information about universities online, but very little that has been written with practical guidance from a parent who has supported their student through the process. This unique perspective allows us to provide high quality information that we will know both parents and students will understand.
3	Addressing the needs of every pupil	A school’s or college’s careers programme should actively seek to challenge stereotypical thinking and raise aspirations.	Our book will be particularly helpful for students who are the “first in family” to attend university, providing them with advice and guidance that other resources and sources of information may not.

		Young people have different career guidance needs at different stages. Opportunities for advice and support need to be tailored to each student's needs.	Our book, checklists and training materials can all be accessed at a time that suits each individual student on their journey.
4	Linking curriculum learning to careers	All students should understand the full range of learning opportunities that are available to them. This includes both technical and academic routes and learning in schools, colleges, universities and in the workplace.	Our book and student presentation can be used in lessons and tutor time to support students' understanding of budgeting.
5	Encounters with employers and employees		
6	Experiences of the workplace		
7	Encounters with further and higher education	All students should understand the full range of learning opportunities that are available to them. This includes both technical and academic routes and learning in schools, colleges, universities and in the workplace.	Before visiting HE, we have an invaluable guide on the right questions to ask at Uni Open Days. Following their HE visits, students can use the book , checklists and student workshop to help them understand and prepare for their transition.
8	Personal Guidance	<p>Every student should have the opportunity for guidance interviews with a careers counsellor, who may be internal (a member of school staff) or external, provided they are trained to an appropriate level.</p> <p>These should be available whenever significant study or career choices are being made. They should be expected for all students but timed to meet individual needs.</p>	<p>Guidance practitioners can provide checklists as a resource to support students and signpost them to our book for support. This will be particularly relevant and helpful for post-16 meetings.</p> <p>For schools with the budget, the student guide "From High School to Uni" can be purchased in bulk for a discounted price and given to relevant students at their meetings.</p>