


THE ESSENTIAL FIRST AID KIT FOR STUDENTS

*ALWAYS seek qualified medical advice.

*Do not rely on Google for medical care!

Click on each product below to buy directly on Amazon* or access our recommended shopping list


[Click here to buy a basic first aid kit](#)



Ibuprofen
Anti-inflammatory medication for pain, fever, toothache, period pain, or earache




Pain Medication
For headaches, hangovers, cold & flu, also for period pain, toothache, earache



Electrolytes
To replenish and rehydrate your body after a heavy night of drinking!




Hand Sanitiser Spray
To disinfect hands & prevent infection when treating small wounds



Antiseptic Burn Cream
To treat minor burns, scratches, cuts, abrasions & infected, cracked skin




Wound Coverings
To disinfect & treat cuts or wounds on the skin; sterile water in individual doses (good for eye drops), & tape to secure bandages




Antiseptic Cream
To treat skin wounds & cuts




Insect Bite Gel/Cream
To treat & sooth insect bites, stings or allergies




Tweezers
To remove splinters or bee stings. Do not remove from the kit for eyebrow plucking!



Digital Thermometer
To detect fever & body temperature



Bandages
Gauze pads, wipes, gloves



Paramedic Scissors
Do not remove from first aid kit to cut toenails!